

# Discovering Psychology 6th Edition

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psychology is full of agreements and disagreements here richard gross pairs up 30 studies to show you how the classic theories in psychology are constantly revisited by modern researchers in a new focus for this 6th edition the emphasis is on how these classic and contemporary studies relate from the differences and similarities between them you'll understand not just the studies themselves but develop the study skills you need to write about psychology in exams and essays the aim is to help you understand how specific research and issues fit into the science of psychology as a whole and where that science is going key studies in psychology 6th edition is a life saver in the sea of psychological research grab onto it

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previous editions have established this best selling student handbook as the cognitive psychology textbook of choice both for its academic rigour and its accessibility this sixth edition continues this tradition it has been substantially updated and revised to reflect new developments in the field especially within cognitive neuroscience traditional approaches are combined with the cutting edge cognitive neuroscience approach to create a comprehensive coherent and totally up to date overview of all the main fields in cognitive psychology the major topics covered include perception attention memory concepts language problem solving and reasoning as well as some applied topics such as everyday memory new to this edition presented in full colour throughout with numerous colour illustrations including photographs and brain scans increased emphasis on cognitive neuroscience to reflect its growing influence on cognitive

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health psychology is essential reading for all students and researchers of health psychology organized into four sections the 6th edition is structured with a clear emphasis on theory and evidence throughout this textbook maintains its popular and balanced approach between the biomedical and psychosocial model while strengthening its focus on critical thinking and behaviour change key updates include learning objectives each chapter opens with a set of learning objectives which clearly outlines the knowledge understanding and skills you will acquire from each chapter case studies each chapter includes a case study to illustrate how the key theories and ideas are relevant to everyday life through the eyes of health psychology a brand new feature to show how a health psychologist might analyse each case study using the theories and concepts presented throughout the book health promotion a whole chapter devoted to the theories and evidence relevant to behaviour change and includes a new section on integrated approaches and the drive to develop a new science of behaviour change thinking critically about the process of thinking critically is introduced in the first chapter which describes how to think critically about theory methods measurement and research design each chapter has its own thinking critically about section at the end to highlight problems with specific theories and research areas this section includes critical thinking questions and a some problems with section to form the basis of class discussions and enable students to be more critical in their thinking and writing

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